

ADDITIONAL RESOURCES

Support for those affected by someone else's drinking:

Al-Anon/Alateen
www.al-anonfredericksburg.org

Support for those affected by someone else's addiction:

Nar-Anon
www.nar-anon.org

REVIVE! Opiate Overdose Reversal Training
www.rappahannockareacs.org
540-373-3337, ext. 102

Hotlines:
Substance Abuse
1-800-662-HELP

National Suicide Prevention Lifeline
1-800-273-TALK (1-800-273-8255)

24-Hour Emergency Services
Rappahannock Area Community Services Board
540-373-6876

Warm Lines:
Addiction Recovery Support Warm Line
833-4PEERVA (833-473-3782)
8:00 a.m. to midnight, 7 Days a Week

Peer2Peer Warm Line
1-833-626-1490
9:00 a.m. to 11:00 p.m., Monday-Friday

Mental Health America of Virginia Warm Line
1-866-400-6428
9:00 a.m. to 5:00 p.m., Monday-Friday

Local Hospitals:
Mary Washington Hospital
1001 Sam Perry Blvd., Fredericksburg
540-741-1100

Stafford Hospital
101 Hospital Center Dr., Stafford
540-741-9000

Spotsylvania Regional Medical Center
4604 Spotsylvania Pkwy, Fredericksburg
540-498-4051

About Be Well Rappahannock Council

The Be Well Rappahannock Council is a collaborative comprised of agencies representative of the community, with a deep concern for the health and well-being of the residents of the Rappahannock Region.

The purpose of this council is to identify priority community needs; provide advice, oversight, and stewardship to planned community improvements; and monitor progress on priority health and social concerns impacting the Rappahannock Region.

Be Well Rappahannock provides this document as a resource and not as an endorsement of one organization over another. We also acknowledge this may not be an all inclusive list of local services.

Information current as of February 27, 2018.
Subject to change without notice.

Addiction Services and Recovery Resource Information

Be Well
Rappahannock



Building Healthier Communities

Sponsored by
Be Well Rappahannock Council
www.bewellrappahannock.org

SELF-HELP/RECOVERY SUPPORT GROUPS

Alcoholics Anonymous (AA)
Virginia District 30 Hotline: 540-752-2228
www.aadistrict30va.org

Narcotics Anonymous (NA)
Central Atlantic Region Hotline: 800-777-1515
www.rappahannockareaofna.com

Caroline Recovery Center
113 Courthouse Ln., Bowling Green
804-632-6015 | www.carolinerecoverycenter.org

Celebrate Recovery (Faith-Based)
821 Lafayette Blvd., Fredericksburg
540-288-6970 | www.celebraterecovery.com

Church on the Rock (Knockout Addiction)
501 Cambridge St., Fredericksburg | www.cotrva.org

Recovery in Motion (RIM)
4701 Market St., Ste. C, Fredericksburg
540-645-6042 | www.recovery-in-motion.org

SAARA of Virginia
2000 Mecklenburg St., Richmond
804-762-4445 | www.saara.org

SMART Recovery (Mondays, 7 p.m.)
120 Falcon Dr., Ste. 3, Fredericksburg

INPATIENT PROGRAMS

Boxwood Recovery Center, Culpeper
540-547-2766

CrossRoads Transition Home (Faith-Based)
540-207-2893

Inova CATS Program
3300 Gallows Rd., Falls Church
703-289-7560

McShin Foundation
2300 Dumbarton Rd., Richmond
804-249-1845

Snowden at Fredericksburg
1200 Sam Perry Blvd., Fredericksburg
540-741-3900

Williamsville Wellness
10515 Cabaniss Ln., Hanover
804-559-9959

RESIDENTIAL CRISIS STABILIZATION

The Sunshine Lady House for Mental Health
Wellness & Recovery, Rappahannock Area
Community Services Board (RACSB)
615 Wolfe St., Fredericksburg
Central Intake: 540-373-3223, option 2

OUTPATIENT PROGRAMS

Alliance Therapy Center
406 Chatham Sq., Ste. 102, Fredericksburg
540-373-9577

Angelo Recovery and Counseling Services*
120 Falcon Dr., Ste. 3, Fredericksburg
540-898-2020

Family Counseling Center for Recovery
11720 Main St., Ste. 108, Fredericksburg
540-735-9350*

Lighthouse Counseling*
420 Hudgins Rd., Ste. 201, Fredericksburg
540-907-0121

New Genesis Recovery Center, PLLC
3516 Plank Rd., Ste. 6C, Fredericksburg
540-412-8330

Rappahannock Area Community Services
Board (offices in Caroline, Fredericksburg*,
King George, Spotsylvania* and Stafford)
Central Intake: 540-373-3223, option 2

Snowden at Fredericksburg*
1200 Sam Perry Blvd., Fredericksburg
540-741-3900

SOULutions LLC
150 Olde Greenwich Dr., Ste. 210,
Fredericksburg
540-847-2876

Transformations Counseling Services
150 Olde Greenwich Dr., Ste. 203,
Fredericksburg
540-898-6851

****Intensive Outpatient (IOP) Therapy Available***

MEDICATION ASSISTED TREATMENT

Dr. Syed Ahmed
621 Jefferson Davis Hwy, Ste. 101,
Fredericksburg
540-891-7766

Dr. Tedla Anbessie
2148 Jefferson Davis Hwy, Ste. 101, Stafford
540-657-9193

Dr. Alfred Boulware
6330 Five Mile Ctr Park, Ste. 400,
Fredericksburg
540-672-8590

Dr. James De Simone
422 Garrisonville Rd, Ste. 108, Stafford
540-658-9340

Dr. Antony Fernandez
7427 Brook Rd, Richmond
804-301-5186

Dr. Yared Gebreyesus
2147 Jefferson Davis Hwy, Ste. 101, Stafford
540-657-9192

Dr. Garland Greene
111 Olde Greenwich Dr , Ste. 102,
Fredericksburg
703-573-1282

Dr. Sudhir Nagaraja
4900 Hood Dr., Fredericksburg
540-479-1319

Dr. Getachew Woldeher
2146 Jefferson Davis Hwy, Ste. 101, Stafford
540-657-9191

Family Counseling Center for Recovery
11720 Main St., Ste. 108, Fredericksburg
540-735-9350 | www.fccr-va.com

Rappahannock Area Community Services
Board
600 Jackson St., Fredericksburg
540-373-3223 | www.rappahannockareacsb.org